

Pos	No	Name	Club	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	200	Elias Björnson	SpringÅmål	00:18:20	1	1	00:00:00	00:00:00
2	219	Bill Impola	SK Bore	00:18:47	2	2	00:00:27	00:00:27
3	241	Andre Rangelind	IF Göta Karlstad	00:18:48	3	3	00:00:28	00:00:28
4	112	Lars-Olof Gävert	Team Set Sail Forimp	00:19:16	4	4	00:00:56	00:00:56
5	211	Axel Danielsson Meiling		00:19:26	5	5	00:01:06	00:01:06
6	243	Henrik Örnstedt		00:19:28	6	6	00:01:08	00:01:08
7	184	Sören Persson	IF Göta Karlstad	00:19:58	7	7	00:01:38	00:01:38
8	238	Leif Sjöström	IF Göta Karlstad	00:20:05	8	8	00:01:45	00:01:45
9	233	Jonas Lövhaugen	Torsby Löparklubb	00:20:10	9	9	00:01:50	00:01:50
10	199	Sören Kindlund	IF Göta Karlstad	00:20:38	10	10	00:02:18	00:02:18
11	14	Kristian Magnusson	Volvo CE AVIK	00:20:44	11	11	00:02:24	00:02:24
12	208	Christian Nilsson	Team Set Sail Forimp	00:20:48	12	12	00:02:28	00:02:28
13	113	Anders Frykblom	Team Set Sail Forimp	00:20:52	13	13	00:02:32	00:02:32
14	96	Andreas Lindström	Kils AIK	00:21:03	14	14	00:02:43	00:02:43
15	66	Anders Jonson	Flex Qube	00:21:12	15	15	00:02:52	00:02:52
16	195	Gunnar Michold	Set Sail IF	00:21:19	16	16	00:02:59	00:02:59
17	237	Tomas Andersson	IF Göta Karlstad	00:21:22	17	17	00:03:02	00:03:02
18	168	Erik Högvist	I2 IF Triathlon	00:21:32	18	18	00:03:12	00:03:12
19	246	Gatis Praulitis	SK Bore	00:21:48	19	20	00:03:28	00:03:28
20	115	Jörgen Olofsson	Stora Skärnäs 1:106	00:21:50	20	22	00:03:30	00:03:30
21	182	Rasmus Blom	SK Bore	00:21:57	21	23	00:03:37	00:03:37
22	223	Jimmie Andersson	Stockholm	00:21:59	22	24	00:03:39	00:03:39
23	99	Magnus Thorstensson	IF Göta Karlstad	00:22:00	23	25	00:03:40	00:03:40
24	206	Ola Lier	Asker Skiklubb	00:22:00	24	26	00:03:40	00:03:40
25	239	Lars Lundegård	IF Göta Karlstad	00:22:03	25	27	00:03:43	00:03:43
26	244	Lennart Eriksson	IF Göta	00:22:05	26	28	00:03:45	00:03:45
27	197	Victor Rhöse	Arvika	00:22:09	27	29	00:03:49	00:03:49
28	224	Ole Petter Vibækken	Glomdal Sk	00:22:09	28	30	00:03:49	00:03:49
29	214	Jonne Lökvist	Set Sail IF	00:22:11	29	31	00:03:51	00:03:51
30	101	Mikael Møllerdal	Arvika Friidrott	00:22:14	30	32	00:03:54	00:03:54
31	140	Per Gärdt	Stavnäs IK	00:22:14	31	33	00:03:54	00:03:54
32	236	Per-Anders Ottersten	IF Göta	00:22:25	32	35	00:04:05	00:04:05
33	189	Isak Björklund	Club Hälsokompaniet	00:22:28	33	36	00:04:08	00:04:08
34	59	Jonas Sundberg	Team Salbe	00:22:37	34	37	00:04:17	00:04:17
35	75	Anders Nyberg	Allstakan	00:22:42	35	38	00:04:22	00:04:22
36	1	Viktor Kolberg	Volvo CE AVIK	00:22:46	36	39	00:04:26	00:04:26
37	139	Jonas Rydstedt	Volvo CE AVIK	00:22:50	37	40	00:04:30	00:04:30
38	138	Peter Särnblad	Set Sail IF	00:22:55	38	41	00:04:35	00:04:35
39	155	Mattias Olsson	Arvika	00:23:01	39	42	00:04:41	00:04:41
40	64	Martin Adolffsson	Flex Qube	00:23:03	40	43	00:04:43	00:04:43
41	44	Erik Sundbäck	Volvo CE AVIK	00:23:13	41	44	00:04:53	00:04:53
42	132	Patrik Grundel	Set Sail IF	00:23:21	42	45	00:05:01	00:05:01
43	228	Daniel Hedström	Karlstad	00:23:27	43	47	00:05:07	00:05:07
44	198	Anders Jakobsson	K3IF	00:23:29	44	48	00:05:09	00:05:09
45	226	Claus Mikkelsen	Arvika	00:23:37	45	50	00:05:17	00:05:17
46	227	Jonas Brunzell	Skanska	00:23:43	46	51	00:05:23	00:05:23
47	143	Christian Olsson	Årjängs IF Skidor	00:23:47	47	52	00:05:27	00:05:27
48	205	Ludwig Danielsson	Arvika Hockey	00:23:49	48	53	00:05:29	00:05:29
49	248	Demond Mortan	Nsw Biathlon	00:23:52	49	54	00:05:32	00:05:32
50	93	Christian Olsson	Hälsokompaniet	00:24:08	50	56	00:05:48	00:05:48
51	262	Johan Hjerta	Stavnäs IK	00:24:15	51	57	00:05:55	00:05:55
52	229	Mattias Press	Set sail	00:24:18	52	58	00:05:58	00:05:58
53	222	Ronny Axelsson	Säffle	00:24:19	53	59	00:05:59	00:05:59
54	207	Emil Lier	Asker Skiklubb	00:24:20	54	60	00:06:00	00:06:00
55	212	Nino Skovlund		00:24:25	55	61	00:06:05	00:06:05

Pos	No	Name	Club	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
56	176	Jerry Palm	Mangskog SK	00:24:34	56	63	00:06:14	00:06:14
57	221	Per Öberg	Klässbol	00:24:35	57	64	00:06:15	00:06:15
58	177	Andreas Ekstedt	Arvika	00:24:36	58	65	00:06:16	00:06:16
59	153	Filip Åström	Arvika	00:24:38	59	66	00:06:18	00:06:18
60	94	Johan Terning	Set Sail IF	00:24:47	60	67	00:06:27	00:06:27
61	71	Jesper Solvin	IFK Ås	00:24:57	61	69	00:06:37	00:06:37
62	130	Björn Fredriksson	Göteborg	00:24:58	62	70	00:06:38	00:06:38
63	165	Gunnar Grahn	Progress Löparklubb	00:24:58	63	71	00:06:38	00:06:38
64	119	Per Johansson	Forshaga	00:25:02	64	72	00:06:42	00:06:42
65	72	Anders Solvin	IFK Ås	00:25:04	65	73	00:06:44	00:06:44
66	218	Simon Karlsson	Arvika	00:25:05	66	74	00:06:45	00:06:45
67	65	Per Augustsson	Flex Qube	00:25:13	67	75	00:06:53	00:06:53
68	109	Hans Bengtsson	Arvika	00:25:16	68	76	00:06:56	00:06:56
69	91	Tobias katvala	OK Älgen	00:25:19	69	77	00:06:59	00:06:59
70	203	Henrik Westberg	Karlstad	00:25:28	70	78	00:07:08	00:07:08
71	252	Jonas Olsson	Stavnäs IK	00:25:29	71	80	00:07:09	00:07:09
72	152	Johan Gustafsson	Klimat och VVS teknik	00:25:31	72	81	00:07:11	00:07:11
73	31	Stefan Gustavsson	Volvo CE AVIK	00:25:36	73	82	00:07:16	00:07:16
74	255	Fredrik Karlsson	Arvika	00:25:46	74	83	00:07:26	00:07:26
75	63	Olof Henriksson	Flex Qube	00:25:53	75	84	00:07:33	00:07:33
76	261	Lars Berglund	AVIK- (IK Volvo CE. Arvika)	00:25:55	76	86	00:07:35	00:07:35
77	43	Joakim Wilsborn	Volvo CE AVIK	00:25:58	77	87	00:07:38	00:07:38
78	215	Mattias Lövkvist	Set Sail IF	00:25:58	78	88	00:07:38	00:07:38
79	106	jonny johansson	Säffle	00:26:03	79	89	00:07:43	00:07:43
80	41	Lennart Andersson	Volvo CE AVIK	00:26:09	80	90	00:07:49	00:07:49
81	265	Peter Stawgren	Stavnäs IK	00:26:15	81	91	00:07:55	00:07:55
82	77	Micke Hammar	Transformers Inc.	00:26:25	82	93	00:08:05	00:08:05
83	83	Magnus Mattsson	Silleruds IF	00:26:30	83	95	00:08:10	00:08:10
84	85	Martin Claeson	Brunskog	00:26:32	84	96	00:08:12	00:08:12
85	148	Camil Catovic	Perfekta Industrier	00:26:32	85	97	00:08:12	00:08:12
86	102	Tobias Larsson	Arvika	00:26:48	86	100	00:08:28	00:08:28
87	25	Ulrik Tornkvist	Volvo CE AVIK	00:26:51	87	101	00:08:31	00:08:31
88	154	Erik Särnmark	Bortans IK	00:26:54	88	102	00:08:34	00:08:34
89	16	Christian Magnusson	Volvo CE AVIK	00:27:24	89	107	00:09:04	00:09:04
90	86	Björn Salomonsson	Arvika	00:27:30	90	108	00:09:10	00:09:10
91	136	Kennet Borg	Arvika Kommun	00:27:47	91	112	00:09:27	00:09:27
92	29	Robin Hjalmarsson	Volvo CE AVIK	00:27:50	92	115	00:09:30	00:09:30
93	267	Kent Karlsson	Karlstad	00:27:57	93	116	00:09:37	00:09:37
94	114	Göran Westberg	Sunne	00:28:00	94	117	00:09:40	00:09:40
95	210	Carl-Martin Morin	Set sail	00:28:02	95	119	00:09:42	00:09:42
96	33	Christer Perlström	Volvo CE AVIK	00:28:06	96	120	00:09:46	00:09:46
97	73	Tony Kull	Slottsbron	00:28:15	97	121	00:09:55	00:09:55
98	3	Tyrone Andersson	Volvo CE AVIK	00:28:22	98	123	00:10:02	00:10:02
99	5	Fredrik Sellberg	Volvo CE AVIK	00:28:40	99	124	00:10:20	00:10:20
100	108	Magnus Englund	Säffle	00:28:46	100	125	00:10:26	00:10:26
101	234	Magnus Olsen		00:28:57	101	126	00:10:37	00:10:37
102	231	Oskar Björk	OK Älgen	00:28:59	102	128	00:10:39	00:10:39
103	254	Lars Martinsson	Moelven Byggmodul Torsby	00:29:01	103	130	00:10:41	00:10:41
104	167	Anders Olsson Lenz	Karlstad	00:29:04	104	132	00:10:44	00:10:44
105	240	Anders Westerberg	Bajen	00:29:15	105	135	00:10:55	00:10:55
106	82	Thomas Nilsson	Arvika	00:29:16	106	136	00:10:56	00:10:56
107	196	Carl Palm	Arvika	00:29:19	107	139	00:10:59	00:10:59
108	164	Johan Kristoffersson	Åmål	00:29:49	108	142	00:11:29	00:11:29
109	230	Linus Björk	OK Älgen	00:30:15	109	145	00:11:55	00:11:55
110	37	Pär Albinsson	Volvo CE AVIK	00:30:18	110	146	00:11:58	00:11:58

Pos	No	Name	Club	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
111	170	Ståle Möller	Arvika	00:30:24	111	148	00:12:04	00:12:04
112	6	Rustan Thorstensson	Volvo CE AVIK	00:30:26	112	149	00:12:06	00:12:06
113	172	Dennis Andersson	Arvika	00:30:27	113	150	00:12:07	00:12:07
114	26	Perra Fasth	Volvo CE AVIK	00:30:30	114	151	00:12:10	00:12:10
115	190	Christer Tingelholm	Säffle	00:30:33	115	152	00:12:13	00:12:13
116	7	Johan Karlsson	Volvo CE AVIK	00:30:39	116	153	00:12:19	00:12:19
117	2	Peter Högberg	Volvo CE AVIK	00:30:44	117	155	00:12:24	00:12:24
118	121	Fredrik Gutenbrant	Stockholm	00:30:50	118	159	00:12:30	00:12:30
119	174	Anna Nilsson	Arvika	00:31:00	119	161	00:12:40	00:12:40
120	266	Fredrik Johansson	Arvika	00:31:14	120	162	00:12:54	00:12:54
121	144	Gustav Holmdahl	Lerum	00:31:16	121	163	00:12:56	00:12:56
122	22	Mattias Söderberg	Volvo CE AVIK	00:31:23	122	166	00:13:03	00:13:03
123	171	Ida Andersson	Arvika	00:32:08	123	173	00:13:48	00:13:48
124	45	Fredrik Ström		00:32:17	124	174	00:13:57	00:13:57
125	173	Jonathan Wall	Arvika	00:32:39	125	178	00:14:19	00:14:19
126	161	Tommy Ekström	Säffle	00:33:00	126	182	00:14:40	00:14:40
127	87	Stefan Ledin	Älgå SK	00:33:22	127	187	00:15:02	00:15:02
128	28	Jörgen Björkström	Volvo CE AVIK	00:34:41	128	193	00:16:21	00:16:21
129	27	Per-Inge Lindgren	Volvo CE AVIK	00:35:16	129	197	00:16:56	00:16:56
130	12	Tony Durendahl	Volvo CE AVIK	00:35:56	130	199	00:17:36	00:17:36
131	24	Daniel Sundström	Volvo CE AVIK	00:39:58	131	206	00:21:38	00:21:38
132	142	Marcus Ednarsson	Brandsbols Skidklubb	00:39:59	132	207	00:21:39	00:21:39
133	120	Morten Engebretsen	Sørumsand if	00:41:35	133	211	00:23:15	00:23:15
134	306	Johan Lindahl	Volvo CE AVIK	00:48:03	134	215	00:29:43	00:29:43
135	307	Jonatahan Mattys	Volvo CE AVIK	00:48:03	135	216	00:29:43	00:29:43
136	308	Jonas Westerberg	Volvo CE AVIK	00:48:04	136	218	00:29:44	00:29:44
137	304	Thomas Emilsson	Volvo CE AVIK	00:48:37	137	219	00:30:17	00:30:17
138	30	Erik Zethelius	Volvo CE AVIK	00:59:58	138	223	00:41:38	00:41:38
139	13	Lillemor Johnsson	Volvo CE AVIK	01:00:43	139	225	00:42:23	00:42:23
140	301	Jerry Orebjörk	Volvo CE AVIK	01:00:43	140	226	00:42:23	00:42:23
141	317	Jimmy Hjalmarsson	Arvika	01:00:45	141	227	00:42:25	00:42:25

Female All Ages

Pos	No	Name	Club	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	110	Frida Michold	Team Set Sail Forimp	00:21:43	1	19	00:00:00	00:00:00
2	247	Zanna Juskane	Latvia Biathlon Team	00:21:48	2	21	00:00:05	00:00:05
3	111	Mona Hallberg	Team Set Sail Forimp	00:22:15	3	34	00:00:32	00:00:32
4	245	Emma Bäcker	IF Göta Karlstad	00:23:24	4	46	00:01:41	00:01:41
5	225	Linn-Kristin Vibækken	Oppsta Il	00:23:31	5	49	00:01:48	00:01:48
6	105	Ann-Charlotte Jakobsson Åhs	Edsvalla	00:23:55	6	55	00:02:12	00:02:12
7	187	Charlotte Årling	Byns IF	00:24:29	7	62	00:02:46	00:02:46
8	133	Ulrica Persson	Torsby	00:24:52	8	68	00:03:09	00:03:09
9	242	Sara Norlander	Set Sail IF	00:25:28	9	79	00:03:45	00:03:45
10	125	Maria Eriksson	Set Sail Fitness	00:25:53	10	85	00:04:10	00:04:10
11	249	Darcie Martan	Nsw Biathlon	00:26:16	11	92	00:04:33	00:04:33
12	202	Lova Perman	Kils OK	00:26:25	12	94	00:04:42	00:04:42
13	62	Birgitta Nilsson	Klässbol	00:26:38	13	98	00:04:55	00:04:55
14	201	Magdalena Nilsson	Arvika	00:26:46	14	99	00:05:03	00:05:03
15	100	Annakarin Norbäck	Arvika Friidrott	00:26:57	15	103	00:05:14	00:05:14
16	220	Felicia Johansson		00:27:06	16	104	00:05:23	00:05:23
17	180	Elin Olsson	Hälsokompaniet Arvika	00:27:12	17	105	00:05:29	00:05:29
18	74	Nathalie Löfdahl Hellström	Arvika	00:27:23	18	106	00:05:40	00:05:40
19	192	Jenny Frödin	Universe Imagine Team	00:27:31	19	109	00:05:48	00:05:48
20	260	Joliane Fuchs	Tyskland	00:27:40	20	110	00:05:57	00:05:57
21	128	Linda Persson	Set Sail Fitness	00:27:47	21	111	00:06:04	00:06:04
22	209	Åsa Olsson		00:27:47	22	113	00:06:04	00:06:04
23	264	Sussane Andersson	Köla AIK	00:27:49	23	114	00:06:06	00:06:06
24	258	Caroline Högdahl	Set sail	00:28:00	24	118	00:06:17	00:06:17
25	95	Mari Lindström	Kils AIK	00:28:20	25	122	00:06:37	00:06:37
26	235	Sara Fernkvist		00:28:57	26	127	00:07:14	00:07:14
27	134	Lindgren Lina	Arvika Kommun	00:29:00	27	129	00:07:17	00:07:17
28	256	Amanda Liljestrand	Arvika	00:29:03	28	131	00:07:20	00:07:20
29	251	Lucy Landwill	Nsw Biathlon	00:29:04	29	133	00:07:21	00:07:21
30	92	Jill Johansson	OK Älgen	00:29:10	30	134	00:07:27	00:07:27
31	4	Maria Jacobsson	Volvo CE AVIK	00:29:19	31	137	00:07:36	00:07:36
32	21	Anna-Karin Sveder Persman	Volvo CE AVIK	00:29:19	32	138	00:07:36	00:07:36
33	259	Urte Lucht	Tyskland	00:29:21	33	140	00:07:38	00:07:38
34	145	Marika Grundel	Arvika	00:29:27	34	141	00:07:44	00:07:44
35	81	Maria Svensson	Hälsokompaniet	00:29:51	35	143	00:08:08	00:08:08
36	156	Therese Högfeldt	Arvika	00:30:05	36	144	00:08:22	00:08:22
37	79	Jessica Gustafsson	Gunnarskog	00:30:20	37	147	00:08:37	00:08:37
38	117	Marie Sjökvist	Set Sail IF	00:30:40	38	154	00:08:57	00:08:57
39	23	Anna Wallberg	Volvo CE AVIK	00:30:44	39	156	00:09:01	00:09:01
40	141	Maria Gärdt	Stavnäs IK	00:30:44	40	157	00:09:01	00:09:01
41	131	Mirja Augustsson	Göteborg	00:30:47	41	158	00:09:04	00:09:04
42	116	Camilla Josefsson	Gunnarskog	00:30:55	42	160	00:09:12	00:09:12
43	151	Esmeralda Peeters	Hälsokompaniet	00:31:17	43	164	00:09:34	00:09:34
44	263	Kristin Blom	Rännbergs Ik	00:31:22	44	165	00:09:39	00:09:39
45	183	Ann-Kristin Nordkvist	Club Hälsokompaniet	00:31:30	45	167	00:09:47	00:09:47
46	98	Susanne Jansson	Göteborg	00:31:31	46	168	00:09:48	00:09:48
47	88	Radhika Bhasin	Karlstad	00:31:32	47	169	00:09:49	00:09:49
48	188	Lisen Liviken	Volvo CE AVIK	00:31:38	48	170	00:09:55	00:09:55
49	191	Karolina Tingelholm	Säffle	00:31:44	49	171	00:10:01	00:10:01
50	213	Hanna Blomgren		00:31:54	50	172	00:10:11	00:10:11
51	181	Sofia Wedin	Åmotfors IF	00:32:23	51	175	00:10:40	00:10:40
52	204	Marlene Axelsson	Set Sail IF	00:32:27	52	176	00:10:44	00:10:44
53	67	Jannette Grahn Vera	Progress Löparklubb	00:32:38	53	177	00:10:55	00:10:55
54	232	Maria Jansson	OK Älgen	00:32:44	54	179	00:11:01	00:11:01
55	70	Annie Winblad	Set Sail IF	00:32:47	55	180	00:11:04	00:11:04

Female All Ages

Pos	No	Name	Club	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
56	90	Åsa Zettervall	östra ämtervik	00:32:53	56	181	00:11:10	00:11:10
57	150	Linda Augustsson	Hälsokompaniet	00:33:06	57	183	00:11:23	00:11:23
58	78	Camilla Larsson	Set Sail IF	00:33:08	58	184	00:11:25	00:11:25
59	216	Anna Bonnevier		00:33:13	59	185	00:11:30	00:11:30
60	9	Ingrid Lindgren	Volvo CE AVIK	00:33:18	60	186	00:11:35	00:11:35
61	46	Annette Johannesson		00:33:26	61	188	00:11:43	00:11:43
62	127	Helena Carlsson	Set Sail Fitness	00:33:47	62	189	00:12:04	00:12:04
63	126	Nina Benzon	Set Sail Fitness	00:33:59	63	190	00:12:16	00:12:16
64	124	Anna Sundell	Set Sail Fitness	00:34:22	64	191	00:12:39	00:12:39
65	163	Ingela Kristoffersson	Åmål	00:34:25	65	192	00:12:42	00:12:42
66	61	Sara La Fontaine	UMEÅ	00:35:00	66	194	00:13:17	00:13:17
67	158	Linnea Urech	Nacka	00:35:08	67	195	00:13:25	00:13:25
68	157	Eva Urech	Skoghall	00:35:09	68	196	00:13:26	00:13:26
69	80	Linda Stawgren	Gunnarskog	00:35:40	69	198	00:13:57	00:13:57
70	129	Helena Andersen	Set Sail Fitness	00:36:43	70	200	00:15:00	00:15:00
71	193	Mari Andersson	Lärande och stöd	00:36:49	71	201	00:15:06	00:15:06
72	178	Annika Olsson	Arvika Kommun	00:36:52	72	202	00:15:09	00:15:09
73	49	Vivianne Handfast	Charlottenberg	00:37:00	73	203	00:15:17	00:15:17
74	97	Nina Smidvik	Club hälsokompaniet Arvika	00:38:40	74	204	00:16:57	00:16:57
75	103	susanne bergström	Club Hälsokompaniet	00:38:40	75	205	00:16:57	00:16:57
76	8	Camilla Gresdahl	Volvo CE AVIK	00:40:01	76	208	00:18:18	00:18:18
77	89	Rebekah Norell	Karlstad	00:40:05	77	209	00:18:22	00:18:22
78	217	Marion Drews Karlsson		00:40:30	78	210	00:18:47	00:18:47
79	257	Torun Engloom	Arvika	00:43:12	79	212	00:21:29	00:21:29
80	311	Lena Gustavsson	Volvo CE AVIK	00:44:39	80	213	00:22:56	00:22:56
81	305	Marika Karlsson	Volvo CE AVIK	00:48:02	81	214	00:26:19	00:26:19
82	309	Denise Cronsjö	Volvo CE AVIK	00:48:03	82	217	00:26:20	00:26:20
83	312	Annika Karlsson	Volvo CE AVIK	00:48:37	83	220	00:26:54	00:26:54
84	310	Irene Nilsson	Volvo CE AVIK	00:48:38	84	221	00:26:55	00:26:55
85	179	Therese Johansson	Arvika Kommun	00:51:49	85	222	00:30:06	00:30:06
86	303	Liseloth Trandem	Volvo CE AVIK	01:00:42	86	224	00:38:59	00:38:59
87	318	Therese Hellström	Arvika	01:00:45	87	228	00:39:02	00:39:02